



## Leading a dynamic community celebrating the *Arts*

So what's on your plate at dinner?  
Edmonton artist, Anne Marie Resta urges you to  
*Take a Second Look at Your Plate* through her  
exhibit in the Kiwanis Gallery.

**February 24 to April 26, 2015**

**Take a Second Look at Your Plate:**

**Photographs by Anne Marie Resta**

Seeking an artistic challenge, Edmonton photographer Anne Marie Resta began a year-long study of a familiar subject. Following her instinct for colour and texture, she began to create macro photographs of her family's weekly supply of vegetables. The project started on March 8, 2009, and continued each week for a full year.

As the weeks progressed, she found herself taking a second, and unexpected, look at her subject. As a result, she ended up making some changes in her life.

Will this exhibit inspire you to change your behaviour too? Come and see what she has 'dished' up for you and take a second look at the food on your plate!

First Friday Red Deer, March 6 from 6:00 to 8:00 pm.  
Refreshments served.

First Friday Red Deer is sponsored by the  
Red Deer Downtown Business Association



Asparagus, June 7, 2009  
Photograph by Anne Marie Resta



Yellow Bell Pepper  
with Tomato,  
Photograph by  
Anne Marie Resta



Cauliflower,  
Photograph by  
Anne Marie Resta





## We rocked both the nights away!



Our Arts & Craft (Beer) Fundraiser, Photographs by Rob Ironside



Everyone got their groove on at both our fundraiser and the Family Day Friday Dance!



Dancing the night away with Black Velvet Band  
Photos by Rob Ironside



We raised over \$17,500.00 at our fundraiser and wish to thank all those that participated!

Special thanks to our donors of 'experiential' auction items and to those who contributed the silent auction and raffle items; The Express, Big-105 & 106-The Drive as our media sponsors; Toad 'n' Turtle, Zainba Mohamoud (CAIWA), Fratters Speakeasy, Bo's Bar & Grill, and Boulevard for the food. Thanks go to our wonderful volunteers who helped make the night so special, including Matt Gould and Jason Foui. Three cheers go out to Canadian Linen, Liquor Crossing, Eastview IGA, Parkland Party Equipment & Rentals, Parkland Nurseries, and Extreme Pita for their sponsorship.

### Let's Dance and We Did!

Country Pride Dance Club, Red Deer Cultural Heritage Society, City of Red Deer Culture Services and the Red Deer Arts Council partnered to get this series of family dances off the ground, and had a great time! Join us on May 8 for our second dance.

Notice is hereby given that the **ANNUAL GENERAL MEETING** of The Red Deer Arts Council will be held on Friday, March 27th, 2015, from 5:30 – 6:30 pm. in the Snell Auditorium in the downtown branch of the Red Deer Public Library at 4818 49 Street, Red Deer, Alberta.

Immediately following the AGM, Red Deer Arts Council will host a "Where's My Tribe?" social from 6:30 to 8:30 pm with entertainment and a mix and mingle event to familiarize yourself with fellow members. Refreshments will be served and everyone is welcome to attend. Memberships may be purchased at the door. General Public are also invited to attend to see what we have been up to!

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Our entertainment tonight is an exclusive literary reading by Miji Campbell, a writer and teacher, who will be launching her first book, *Separation Anxiety: A Coming of Middle Age Story*. This is a sneak peek (or listen) to the author before the book is launched. A special treat for all our members and guests! Miji has written for magazines, newspapers and radio. Miji offers writing workshops through her business, Write Where You Are.

The woman in her book is not famous. The events of her life are not tragic. The setting is not exotic. This is an ordinary story, which makes it an extraordinary memoir.

Miji Campbell grew up in a close-knit family in the 1960s and '70s. The youngest of three girls, she was raised under her parents' watchful eye, in a middle-class Calgary suburb called Kingsland. Her life proceeds in an orderly fashion: coming-of-age, university, first job, first apartment—and then suddenly, inexplicably, it begins to unravel.

Night after night, Miji wrestles with insomnia and increasing anxiousness. It's not until middle age that Miji learns she has an anxiety disorder and finds ways to quiet her mind and body. Through acts of courage and grace, she learns to stand—tentatively, hopefully—on her own. Beautifully written, insightful and funny, *Separation Anxiety* chronicles the pivotal moments in a woman's life where she lets go of her childhood beliefs about happily ever after, and discovers her true self.

"An honest and courageous memoir. The narrator's voice sparkles with intelligence, with a sharply observant eye, and with a quirky, wry sense of humour. She charts the ties that bind, sometimes far too tightly, the bond of love between mother and daughter." —Wendy Donawa, co-author of *Reading Canada*.

Guess what? It's March and tax time is upon us all. Looking for a place to make that last minute donation? Why not choose the Red Deer Arts Council?

Are you passionate about the arts? What do you think is the biggest challenge we face in this area? What are your biggest fears about giving? You are the ones whose enthusiasm makes changes happen in the world. Give us your input and impressions. We are inviting you to take action for a cause that you genuinely care about. Your donation will make a difference to us. Honestly, we have NO idea how much to ask you for, but is a gift of \$25.00 to \$100.00 something you'd be able to consider? Since we are a charitable organization, a tax receipt will be issued for your donation. So, we view this as a win-win for all parties!



# We are the Arts



Board members Heather Christenson, Diane Hermary and Carl Stretton, enjoying their time at the Arts & Craft (Beer) fundraiser, January 31, 2015. Photographs by Rob Ironside

We are volunteers, active participants in the arts and friends!

We partied with the best band ever, St. James' Gate and so did our guests!

We are proud to call Red Deer home.

Join us in discovering the best our City has to offer.

## Upcoming Exhibit in the Kiwanis Gallery:

**April 28 to May 24**

### The 30<sup>th</sup> Middle Schools Awesome Art Show

Let's see what the 30th anniversary produces for this irreplaceable exhibit!

Become a member of our board or committees and get involved. Give back to the community that you are a part of. Find a rewarding volunteer position with the Arts Council.

We need people to help with our Scholarship Committee. So if you want to help young aspiring artists, this committee is for you. Call Diana at the office. This committee also oversees the Emerging Artist Award.

## Red Deer Arts Council

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Thanks to the City of Red Deer for all their support through Culture Services!